



Info Pack

BUILDING BRIDGES - MACHÉ ANSANM

Youth exchange on de-colonial activism

April 29-May 11/12, 2025, Martinique

Please read this document very carefully before you sign up. For questions, please contact us!

What is this youth exchange about?

Join us for an enriching youth exchange program between Martinique and Germany, where we will delve into the critical themes of post-colonialism, neo-colonialism, de-colonization and political activism.

The program offers a unique opportunity to learn about the lasting impacts of colonialism and neo-colonialism from diverse perspectives, integrating education as a key element of our discussions. Our goal is to deepen participants' understanding of these significant issues while inspiring active political engagement. Together, we will cultivate awareness and encourage meaningful dialogue on the challenges and responsibilities that arise in a post-colonial world.

Who is invited?

We will be a group of 27 young people (incl. two incredibly old facilitators). Half of us are from Martinique, half from Germany. We try to have an equal balance in genders and people from diverse backgrounds; we're also looking for people with different levels of activism experiences and knowledge on the topic. You do not need to be an expert, just curious and open to learn.

So you can join if you are:

- between 18 and 30 years old
- resident in either Germany or Martinique (citizenship is irrelevant)
- able to have a conversation in English (about B2 level)
- interested in the topic

We especially encourage young people with fewer opportunities (i.e. BIPOC, people with immigrant background, LGBTQI*, people with lower socio-economic background, minorities etc.) to apply.





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What's the time frame?

The detailed program will be sent to you short before the exchange. However, here's a few important dates:

April 29: Travel day. Flights for the German team are booked by us. We leave from Düsseldorf airport at 9:05 am.

April 29 evening: Everyone arrives at the hostel in Sainte-Luce, Martinique

April 30 to May 10: Program days (incl. one free day)

May 11: Departure (for Martinique group after breakfast), German team flies back home at 20:45, arrival in Düsseldorf on May 12, 15:45.

What will we do?

The program will be interactive and include a fun mix of workshops, exchange, field trips, networking and games. Depending on the weather, we will spend as much time outside as possible. We expect you to participate actively in the sessions but of course take care of yourself and the others. Taking breaks if needed is absolutely okay.

There's also room for your contributions:

- you want to offer a workshop or session on a topic you find important?
- you want to show us your favourite game?
- you want to offer a sports session (from aerobics to zumba, basketball to yoga, everything is welcome)?
- another idea?

We love to hear about your ideas! If you already have something specific in mind, please let us know as soon as possible, so we can include in our planning.





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What will we eat?

All meals from April 29 evening to May 11 breakfast will be provided. They will be exclusively vegetarian for sustainability reasons. Breakfast is at the Hostel, lunch and dinner will be organized outside.

If you are vegan, have allergies or food intolerances, let us know in the application form and we will do our best to keep you full and happy.

Where do we stay?

We will stay at the “Martinique Hostel”. **Accommodation will be in 4- or 6-bed dorms.** We will be the only ones staying at the hostel, so we have the premises to ourselves. The hostel has a small pool, a billard table, nice outside areas and is close to the beach.

What else do I have to know/do?

Everyone from Germany:

You are responsible for your own insurances. That means you have to have your own “Auslandskrankenversicherung inkl. Rücktransport”. **We do not cover any insurance costs.**

You are also responsible for any **necessary vaccinations and medicine.** Please consult your doctor as soon as you get accepted for the project to check if you need any. **We do not cover any vaccinations/ medical costs.**

You also have to get to the Düsseldorf airport on your own expense and responsibility.

Everyone from Martinique:

We of course also expect you to have all required insurances.

You are also expected to travel to the Hostel on your own expense and responsibility.





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What do I have to pack?

- **a self-made poster** (about A3 size) on your activism: “activism” to be understood as a broad term including things like “I argue with my right-wing uncle”, “I report hate speech online”, “I attend or organize or hold speeches on protests”, “I organize a youth club”, “I’m part of a refugee-rights-movement”... we want to learn about how you are engaged in your community, so don’t be shy or humble! ;)
- one **(small) object** that tells a story about you
- **some food, drink, music, items from your country** (the one you live in and/or the one you consider home): We will do an intercultural evening to learn about the other people’s background!
- **comfortable clothes** fitting the weather (24-31°C, humid)
- **light pyjamas** (remember, you’re sharing rooms)
- comfortable **shoes and sandals**
- **house shoes/ slippers for indoors**
- if you want to take part in sports, bring clothes and shoes for that
- swimwear if you want to go swimming
- Games, books, toys, music, musical instruments, things that inspire you & could inspire others
- **something to write (notebook, pen)**
- **Refillable water bottle**
- **Toiletries and towels**
- **Medicine if needed**
- **Passport or ID**
- **Health insurance certificate**





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Who to thank?

**This youth exchange is funded by the European Union under Erasmus+.
It is organized by ICAF Martinique and Eine Welt Netz NRW e.V.**

ICAF:

ICAF (International Caribbean Ambassadors and Friends) is an organization founded by BOBI Yvan and VOLBERG Kenji dedicated to fostering international cultural exchange, youth empowerment, and sustainable development. Based in Martinique, ICAF organizes projects that connect young people across borders through Erasmus+ programs and other international initiatives. Its mission is to create a global network of ambassadors promoting dialogue on history, ecological awareness, leadership training, and professional development while strengthening ties between Caribbean territories and the rest of the world. Also by creating a global network of ambassadors, ICAF fosters dialogue on pressing social issues while preserving and celebrating the unique heritage of Caribbean communities.

Eine Welt Netz NRW e.V.:

The Eine Welt Netz NRW e.V. (one world network) is based in Münster and Düsseldorf, Germany. It has 30+ years of experience in activism, advocacy, campaigning, Education for Sustainable Development and Global Citizenship Education as well as national and international youth projects. The team for this projects consists of Gifty Wiafe and Svenja Bloom from our youth projects team as well as Serge Palasie, responsible for educational work about Africa and colonialism. [Find more information about our work and our team here.](#)

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Funded by
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