

FEAST FOR CHANGE



INFO PACK

A Youth Exchange on Global Food Justice

Project summary

The youth exchange "Feast for Change: A Youth Exchange on Global Food Justice" is a project by three NGOs from Germany, Portugal and Türkiye: the Eine Welt Netz NRW, Teatro Metaphora and Batman Project and Mobility Association. It is funded by the European Union (Erasmus+).

In this one week program, we will learn on Global Food Justice in times of climate and humanitarian crises and reflect our own actions together with Youth from the three countries.

Can I participate?

To take part in the programme, you have to:

- be a resident of one of the participating countries
- have valid travel documents and be able to enter Germany
- be between 18 and 30 years of age
- speak and understand English at a decent level

What does the participation cost?

All costs are covered including the participation in the seminar, accommodation, food and travel. For German participants, we cover travel costs up to 49 € (both ways).

Where will the project take place?

The exchange will take place in the town Höxter, Germany, where we are close to the forest region of Weserbergland.

Accommodation will be in shared rooms. The meals will be prepared by the group, starting with dinner on April 24th and ending with breakfast on May 2nd.

How do I sign up?

You want to join? Great! People from Germany apply here until March 10th, 2024 :

<http://tinyurl.com/FeastForChange>

People from Portugal and Türkiye, please contact José or Ufuk to apply.

We will contact everyone as soon as possible and make sure to have a diverse group of people so we can learn from each other.

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What do I do after I get the confirmation?

First things first: Take care of your travels!

People from Germany are responsible for their own booking and will get the costs reimbursed after the exchange. After booking, please send us your arrival and departure time immediately.

For everyone from Portugal or Türkiye, get in touch with José and Ufuk to plan the travel immediately. Also, please fill in this form, so we have all the information we need on you: <http://tinyurl.com/FeastForChange>

If you have any questions, do not hesitate to contact us. We will be happy to help, no worries.

What will we do?

The whole programme will be sent to you shortly before the exchange starts.

It will be an interactive and fun mix of workshops, outdoor activities, networking and games. Depending on the weather, we will spend as much time outside as possible. Of course, you don't have to participate in each and every activity.

There's also lots of room for your contributions:

- you want to offer a workshop or session on a topic you find important?
- you want to show us your favourite game?
- you want to offer a sports session (from aerobics to zumba, basketball to yoga, everything is welcome)?
- another idea?

Please let us know about your ideas in the form (later is still possible but this allows us to plan better).

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What do I have to bring?

Here's an incomplete list of things you should bring:

- comfortable clothes – the weather in April is a bit unpredictable, so be prepared for 10°C and rain as well as for 25°C and sun
- comfortable and rainproof shoes for hiking
- rain jacket
- house shoes/ slippers
- if you want to take part in sports sessions, bring clothes for that
- Games, books, toys, music, musical instruments, things that inspire you & could inspire others
- something to write (a note book, pens)
- refillable water bottle
- toiletries and a towel, medicine if needed
- passport
- (health) insurance certificate

Questions?

Please read this document carefully and see if the answer is in here. Anyway, we're very happy to hear from you:

Klaas (Germany):

klaas.janowsky@eine-welt-netz-nrw.de

José (Portugal):

tmetaphora@gmail.com

Ufuk (Türkiye):

ubaltas@gmail.com

We look forward to meet you!